



## The EAHSA conference offers three tours during the morning of Thursday 27 May

### Tour 1 • Accommodation and Technology

#### **SmartLab**

SmartLab is a demonstration/exhibition apartment demonstrating technology supporting the ability to continue to stay at home for persons with a disability. The main focus in SmartLab is technology for people living at home with cognitive disabilities. The visit includes a brief introduction to how the apartment was built, what technology it contains and for what reasons.

#### **KTH-CHB**

The Centre for Health and Building (CHB) at the Royal Institute of Technology (KTH) runs research and development projects together with companies, municipalities and county councils.

CHB's full-scale laboratory is part of the introduction chain for new technology for helping people live independent lives despite functional impairment. Functions and installation methods are tested in the laboratory before being taken further for research in the field with actual people, or being taken to display environments where people can find and test products that give them the support they need.

CHB develops and performs full-scale tests on home networks, sensor networks, communication and decision support systems, monitoring and alarms, systems for cognitive support, standardised home adaptation, built-in ergonomic aids, and care administration of residential properties.

### Tour 2 • Senior Accommodation

#### **Löjtnantsgatan 8 – Secure senior accommodation**

Fifty-four rental apartments for over 65s. The property has been built to promote social interaction and the possibility of security and community with other people. The garden and the ground floor are the heart of the property, where people can see each other every day by the mailboxes. The Property Manager also has an office here. Löjtnantsgatan 8 is a residence that many people will want to move to. The property is owned and managed by Probitas – Immanuelskyrkans Förvaltnings AB

The guided tour will be led by Jenny Hjalmarson, formerly Project Manager at Löjtnantsgården.

#### **Riddarsporren senior accommodation**

Micasa Fastigheter started to remodel Riddarsporren as senior apartments in 2007, the property having been originally built in 1980. In all this senior accommodation comprises 111 apartments. The communal areas include assembly room and guest apartment. These areas are totally at the disposal of tenants, with some financial support from Micasa Fastigheter. The Micasa seniors' apartments are rented as regular tenancies to people over 65 years of age.

#### **Seniorgården**

Bostadskvarteret Juvenalen has 41 apartments right in the centre of Råsunda's pleasant senior residential area and

▶ was built in 2005. Housing company Seniorgården AB builds functional housing for over 55s. The company offers housing for long-term independent living, with excellent access and a central location. This form of housing creates opportunities for socialising and interaction. Residents have an option for voluntary service through external

agreements. The homes are managed by the residents themselves by means of a housing cooperative. The tour includes the cooperative's office and two apartments. The apartments will be shown by representatives of the building owner Seniorgården AB together with residents of housing cooperative Juvenalen 4, who bid you welcome!

## Tour 3 • Care and Assisted Living Accommodation

### **Löjtnantsgården**

A care and assisted living accommodation for seniors, with 54 places. Opened April 2008. Löjtnantsgården is distinctive for its interior design and aesthetic form, which takes as its starting point the life situation of its residents and their physical and cognitive limitations. It is run by Immanuelskyrkans Vård AB and is one of Stockholm City's most popular senior care homes.

The guided tour will be led by Jenny Hjalmarson, formerly Project Manager of Löjtnantsgården and Elvie Isaksson, Operations Manager of Immanuelskyrkans Vård AB.

### **Kattrumpstullen – Röda korset**

Kattrumpstullen is a care and assisted living accommodation for those in need of service and care 24 hours a day. The residence has 97 apartments over five floors. Each floor has communal areas for meals and socialising. The apartments have emergency medical alarms, kitchenette, toilet and

shower. On the ground floor there is a large outdoor area.

Kattrumpstullen is run by Stiftelsen Rödakorshemmet/Röda Korsets Sjukhus on behalf of Östermalm district council. Röda Korset's basic principles run right through their daily meetings with people: Treating people well, and respect for individuals and their independence are what are most important.

### **Finnish senior centre**

Suomikoti is a permanent residence for Finnish-speaking seniors. The principal is an association. There are 53 apartments in the residence. There are three departments – one for somatic care and two departments for dementia residents. The Finnish senior centre is able to accept married couples. The building has a sauna. Trained personnel are on the premises 24 hours a day. A Finnish-speaking doctor is available.